

GUMBO GAZETTE

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

General Convention of Sioux YMCAs

PO Box 218 Dupree, SD 57623

Spring 2016

If you are interested in receiving Gumbo Gazettes

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info@siouxymca.org

OUR MISSION IS TO DEVELOP AND STRENGTHEN THE CHILDREN AND FAMILIES IN OUR RESERVATION COMMUNITIES SO THEY CAN FULFILL THEIR GREATEST INDIVIDUAL AND COLLECTIVE SPIRITUAL, MENTAL, AND PHYSICAL POTENTIALS.

LETTER FROM THE EXECUTIVE DIRECTOR

"My dream was to become a ballerina, and now my dream has come true." Minda, age 7

I wish you could see them. The little girls with their tutus over their street clothes, learning the steps for ballet and concentrating on what they are doing. The teen boys helping to fix lunch in the camp kitchen. The little boys helping each other learn how to play pool in our game room. The kids in the small reservation communities that come running while yelling "the YMCA! the YMCA!" when they see the Initiative staff arrive in their van. You made all of this possible.

This is the time of year when, through our annual report, we traditionally thank all of those who supported this Y during the past year. It seems that our web is growing each year so that we are reaching more youth here on the reservation and also more people across the country.

There are so many possibilities here, and it is very easy to see the fruits of one's labor. It's the little things, though, that draw you in and keep you hooked: The boy who rushes into my office to tell me something and starts with "Grandma Carol..."; the teen who helps the younger kids wash up for supper; the older volunteer who says "camp saved my life" and he means that literally.

Again, in 2015, we grew. Amanda, our long term volunteer, became a full time staff person in June. This is only for one year, but the added staff person has made a world of difference for us. She started our learning garden program, and it went so well that we are now looking at ways to expand it. She studied ballet as a young girl and has been teaching ballet as part of the After School program. The need for space for this class caused us to look to the school in Dupree for help, and so the ballet class moved up to the school. This has given us a closer connection with the school and a good start for future collaboration. It is also the first ever time in living memory that ballet has been taught in Dupree.

Colleen, our resident camp director who started in this position in March, added a three day teen camp last summer that was very successful. We also had a small grant that enabled us to hire three teens to work at camp for a few weeks and be paid. We have a strong Leaders in Training (LIT) program at camp, and now we have the beginning of a CIT (Counselors in Training) program. We hope to be able to hire teens once more to work at camp as one of our goals is to grow camp staff from within. We want campers to have a path to become camp staff.

Colleen has also started Leaders' Clubs in two of the reservation schools and visits the schools weekly to interact with the students and create connections with kids and families that will lead to more youth attending resident camp.

Andy, our site director, has energized the After School Program and summer day camp with new ideas and activities, and he has had to train new staff for our programs. We have changed our programs a bit to include more training time for part time staff and more time for them to learn to work as a team. This has paid off in a big way in that the staff is much more cohesive and prepared for each day. He has also been busy contacting other Ys and colleges to invite them to come visit, learn about the culture here, and spend time with the kids.

Andy, along with Medina, our bookkeeper, took six teens to the Pacific Region Conference held near Tacoma, WA over Thanksgiving weekend. They made the long trek in our Suburban and had a great time. The conference made a huge impact on the teens who attended, and we plan to make this an annual event.

All of these activities show the commitment of all of the staff toward making this Y the best it can be. Their hard work, dedication, and enthusiasm for everything they do make coming to the Y a joy each and every day. —Carol Mann

Check out our NEW
website for stories,
fun photos,
testimonials, and our
wish list
siouxymca.org



Friend us on Facebook for

updates!

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There are Many Ways to Support this Y...

YMCA of the Greater Twin Cities: Sponsored the Sioux Initiative for the ninth summer. This program gets better and better with each passing year, and the reservation communities that it serves look forward to the activities that the Initiative staff bring to their children. We are looking forward to the 10th year of this program!

Strickland Construction: Donated our new eating pavilion at camp. Rogers and Peg Strickland brought a crew of eight volunteers from their church the last weekend in May to erect the pavilion. They also brought us 8 new picnic tables. We were so very happy to have them here and to have this amazing donation for our camp.



YMCA of Oklahoma City: For the second year, this YMCA sent us two counselors from Brazil. They were a wonderful addition to our camp staff, and everyone here sure looks forward now to the arrival of the Brazilians.

Montgomery, AL YMCA: Provided the scholarships for our teens to attend the Christian Values Conference held at Blue Ridge Assembly YMCA in July. This is the fifth year that our teens have attended this conference.



Pierce and Kitsap YMCA: Made it possible for six of our teens to attend the Pacific Region Conference for teens in November. They not only provided scholarships for our teens but also found donations to cover a large part of the travel expenses.

Cheyenne River Sioux Tribe Game, Fish, and Parks Dept.: Helped install and remove the swim raft at camp. They also watch over the camp during the off season; the rangers make it a priority to drive to the camp and look it over to make sure there has been no vandalism. They also kept camp mowed during the summer and helped to move gravel when we had some delivered for the new eating pavilion.

South Dakota State University Extension Program: The local extension office in Eagle Butte helped with our new garden program last summer. They provided us with lots of starts as well as lumber and other supplies to build several of the raised beds. They came and tilled some of the soil for us, too.

Hopa Mountain: Is a non-profit based in Bozeman, MT that invests in rural and Native programs and leaders. The Sioux Y applied for and was accepted into one of their programs called Strengthening the Circle. (see www.hopamountain.org/StrengtheningTheCircle) STC has provided training for Sioux Y leadership staff and Board members at no cost to this Y. They also provided access to resources (Wolfstar Productions) for developing our brand new website free of charge. This organization has provided this Y with many other resources and connections that would not have happened without this program.

Holy Spirit Catholic School and Bishop Chatard High School in Indianapolis: Board games and additional books were collected to complete the Camp Library this Fall by students. Over 1,150 stuffed Easter Eggs were donated last Spring as well as coats this Winter.

Footloose, Donate to Dance, Linda Christopher, Rev. Dick Allen, and Gavin Drake and Holly Corbett: We were fortunate to receive multiple boxes of ballet shoes, tap shoes, leotards, tutus, and tights from organizations and individuals around the nation. They allowed us to bring a true ballet and tap experience to the rez.



Board of Trustees: See the list on the back of this publication for all who are members of this august body. They help with the annual campaign each year by donating their time to call donors, and they do whatever they can to help us advance the mission of this Y.

Amanda Held: Amanda worked for the first five months of the year as a volunteer before becoming a full time employee, thanks to two grants she wrote. Her help has been invaluable in starting the garden and documenting many of our activities here at the Y.

Rich Wallis: For the third year in a row, Rich organized and spearheaded our annual support campaign. We would not be in such good financial shape if not for Rich. He has also diligently updated our Giftworks software that tracks all of our donations and donors. The number of hours he has donated to this Y is huge.

Continued on next page...

2015 Financial Report

Balance as of 01/01/2015:

\$88,750

Income

Annual Support – Individuals: \$94.198

Annual Support- YMCAs/ Affiliates: \$146,664

Restricted Grants: \$92,450

Restricted Donations: \$41,519

Food Program Reimbursement:

\$20,218

Program Fees: \$8,995

Churches/Trusts: \$8,800

Endowment distribution: \$10,418

Other: \$18,226

Total Income: \$441,448

Expenses

After School Program: \$43,806

Summer Day Camps: \$38,160

Resident Camp: \$86,904

Garden & Long Term Volunteer:

\$14,207

Teen Programs: \$24,878

Y in the Community: \$18,790

Publications: \$6,063

Capital Expenditures: \$28,500

Conferences/Training (for staff &

youth): \$15,716

Insurance: \$14,352 Utilities: \$19,453

Other: \$80,601

Total Expenses: \$391,430 **Balance as of 12/31/2015:**

\$86,609

Grants

YMCA of the USA (Walmart; Camp

Access): \$15,000

Cheyenne River Sioux Tribe TECA:

\$50,000

Seeds of Change: \$20,000

South Dakota Community Founda-

tion: \$10,000

Farm Credit Services of America:

\$2,000

Jesse Olvera: Jesse found us dirt for the garden beds and then hauled it to the beds for us. He did this three different times as we kept adding more beds. He also repaired the plumbing at the staff house and has jumped to help us every time we have needed it. Jesse was voted "Citizen of the Year" in Dupree for 2015. Way to go, Jesse!

Wade Stambach: We always know that when we need help with something, especially at camp, we can call Wade. He made several trips down to the camp during the summer to repair the shower, fix other plumbing issues, and then drain all pipes at the end of the summer. He has spent an incredible amount of time volunteering for this Y, building and fixing many things over the past five years.

Stacey Bowen: Stacy came from North Carolina to spend the month of June with us. She did everything from working with the summer day camp to helping in the garden to making repairs at the staff house. She was willing and able to anything and everything that we asked of her.

Virginia Stout and Jane Rosi-Pattison: These two brave ladies drove from Seattle to SD to volunteer with us for ten days. They worked with the kids, at times reading to them or helping with homework. The one-on-one attention they received from these two was special for the kids. They also helped us to sort through and organize old records and other office tasks.

Bill Townsend, Gary Kraisinger, Shane Pratt, Josh Thompson, Derek McGee, and Scott Mitchell: The guys from Oklahoma City who came up again to help get us ready for camp. They worked on a bunch of projects in Dupree and at camp. Their hard work really made a difference!

Caitlin Selby, Mallory, Beth and Marykatherine Curtin: Made the camp library possible; they collected, separated by reading level, and donated books in addition to spending a week volunteering to convert the old cook shack into a library.

Jason Matonis: Jason is our bookkeeper's husband, and he is our unofficial tech support person. If we have an IT issue, we call Jason who problem solves it for us. He also installed our new water fountain, including all the plumbing from the bathroom to the fountain, in addition to spending time helping to get camp ready.

Cindy and Patrick Cullinane: Seventh grader Patrick organized a drive in his Massachusetts neighborhood to send us a handful of boxes filled with soccer cleats, shirts, balls, and other gear.

Tim Kroening: Is from Wisconsin and traveled to Dupree this past spring with lumber to start our garden off with six raised beds. He stayed a few days and built the beds with the kids in our After School Program. **Women of We Energies:** A group of women at We Energies in Milwaukee organized a school supply drive

2015 Donors

Please forgive us if we have you in the wrong category or have omitted your name. The mistake was not intentional.

\$20,000+

Margaret A. Cargill Philanthropies YMCA of the Greater Twin Cities, MN

\$10,000+

YMCAs

YMCA of Darien Community, CT

Individuals

Anonymous

\$<u>9,999-\$5,000</u>

YMCAs

YMCA of Cass & Clay Counties, ND YMCA of Metro Ft. Worth, TX YMCA of the Triangle Area, NC

Organizations

Dess Caylor Charitable Trust

\$<u>4,999-\$2,000</u>

YMCAs Becket-Chimney Corners YMCA, MA

Blue Ridge Assembly YMCA, NC
Cheshire YMCA, NH
Metropolitan Denver YMCA,CO
Missouri Valley Family YMCA, ND
Phantom Lake YMCA Camp, WI
Philadelphia Freedom Valley YMCA, PA
YMCA of Greater Charlotte, NC
YMCA of Greater Des Moines, IA
YMCA of the Greater Houston, TX

Organizations

Christ Church Episcopal School, SC Congregational Church of South Glas-

tonbury

Dorothy Stubbs Charitable Trust

YMCA of Greater Montgomery, AL

Sagalyn Family Fund

Individuals

Barks, Nancy & Paul Khanjani, Deborah Mellor, James Ward, Patrick

\$4,999-\$2,000 Individuals Cont.

Wilke, Robert "Skip"

<u>\$1,999-\$1,000</u>

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Ann Arbor YMCA, MI

Austin Metropolitan YMCA, TX Capital District YMCA, NY Central Florida Metro YMCA

Cheshire YMCA, NH

Columbus Family YMCA, NE Gateway Region YMCA, MO

Greater Wichita YMCA, KS La Crosse Area Family YMCA, WI

Metropolitan Augusta YMCA, GA

Rapid City YMCA, SD Sarasota Family YMCA, FL Scott County Family YMCA, IA South Shore YMCA, MA

YMCA Camp Coniston, NH YMCA of Greater Cincinnati, OH

YMCA of Greater Oklahoma City, OK YMCA of Greater Rochester, NY

YMCA of Memphis&the Mid-South, TN YMCA of Metro Chattanooga, TN

YMCA of Metropolitan Dallas, TX

YMCA of MetroLos Angeles, CA YMCA of Minot North Dakota, ND

\$1,999-\$1,000 (continued) YMCAs

YMCA of Pierce &Kitsap Counties, WA YMCA of San Francisco, CA YMCA of Sioux Falls, SD YMCA of Southern Nevada YMCA of the Inland Northwest, WA YMCA of the Pikes Peak Region, CO

Organizations

Southdale Y's Men Yomechas Federation W & J Gustafson Family Fund

YMCA of the Rockies, CO

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Stout, Virginia Townsend, W. G.

Wallis, Richard & Diane

\$999-\$500

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YMCA of the Suncoast, FL

<u>Organizations</u>

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Sibal, Leighann Struss, Ronald & Lisa Sweitzer, Barbara Tobin, Robert Williams, Evan

\$499-\$100

YMCAs

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YMCA of Central Massachusetts

YMCA of Greater Kalamazoo, MI

YMCA of Dubuque, IA

YMCA of Findlay Ohio

YMCA of Grants Pass, OR

YMCA of Hutchinson&Reno Cty, KS YMCA of Lafayette, IN YMCA of Metro North, MA YMCA of Metropolitan Detroit, MI YMCA of Midland Texas YMCA of Plainview Texas YMCA of Pueblo, CO YMCA of Scottsbluff, NE YMCA of Southern West Virginia YMCA of the Central Bay Area, CA YMCA of the Shoals, AL YMCA of Valparaiso, Indiana YMCA of Warren County, PA YMCA of Youngstown Ohio **Organizations** B.R. Rvall Y's Men & Women's Club Kankakee Y's Men's Club Carondelet Y Service Club Central Atlantic Chapter AYR Dell Rapids Lions Club Inner City Y's Mens Club McBurney-Morse Chapter AYR Puklich Chevrolet 1st Financial Bank Individuals Adams, Cathy C. Adamson, Kathleen Adamson, Per Ainsworth, Chuck Alexander, James & Carolyn Anderson, Debra Anderson, Judy Anderson, Rhonda Anonymous Arnot, James Audsley, Wess Baughn, Cheryl Bearor, Brian Beavers, Jerry Beerntsen, Tom & Penny Blodgett, Barbara Blosser, Cindy Bossen, Jack & Betty Boulous, Vanessa Briggs, Corey Brigis, Anne Brinkso, Thomas Brown, Roger & Beverly Brown, Stewart Bush, Kevin Bussey, Michael Cahoon, Vivienne & Wayne Campbell, Georgia Campbell, Richard & Marillyn Celik, Fuat Chambers, Thomas & Susan Chan, Guathar Cooley, Ron & Brenda Coombs, Annie Corley, Andrew Corley, Richard Courtney, Jerry & Sarah Cousineau, Kimberly Covey, Sharon & Todd

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Spring 2016

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